

NOTICE

Symbiosis College of Nursing, Pune is proposing to observe

Awareness Programme

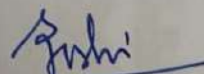
Theme – “PREVENTION OF HEAT STROKE”

Date: March 12, 2021

Day: Friday

Program Schedule

Sr. No.	Time	Activity	Venue	Faculty & students involved in event
1.	9:00 am-10:30 am	Awareness on Prevention of Heat Stroke among General population	Pashan, Pune	Faculty: 1 Dr. S.G. Joshi 2 Mrs. Jasnet Kaur 3 Mrs. Ranjana Chavan 4 Mr. Mangesh Jabade Students: B.Sc. Nursing 2 year


Director

Symbiosis College of Nursing(SCON)
Symbiosis International(Deemed University)Campus
Hill Base, Lavale, Pune - 412 115

Symbiosis College of Nursing

EVENT NAME: PREVENTION OF HEAT STROKE

THEME: PREVENTION OF HEAT STROKE

Activities of Community Health Department, SCON:

- Date: March 12,2021
- Day: Friday
- Time: 9:00 am-10:30 am
- Venue: Pashan, Pune
- Group: All Age Groups
- Topic: Prevention of Heat Stroke among General population in selected Urban & Rural areas of Pune District.

Faculty Name:

- 1 Dr. S.G. Joshi
- 2 Mrs. Jasneet Kaur
- 3 Mrs. Ranjana Chavan
- 4 Mr. Mangesh Jabade
- 5 Mr. Yogesh Nikam, IT support



Director
Symbiosis College of Nursing(SCON)
Symbiosis International(Deemed University)Campus
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Joshi
Director

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OBJECTIVES:

- To assess the knowledge of general population regarding Prevention of Heat Stroke.
- To give a basic knowledge about Prevention of Heat Stroke.
- To evaluate the knowledge about Prevention of Heat Stroke.
- To identify the general population attitude towards Prevention of Heat Stroke.

This year we conduct prevention of HEAT STROKE on 12th March to raise the public awareness about the devastating health, social and economic consequences of HEAT STROKE. Heat stroke, also known as sun stroke, is a type of severe heat illness that results in a body temperature greater than 40.0 °C (104.0 °F) and confusion.

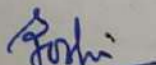
The teachers who accompanied the program were Dr. S.G Joshi and Mrs. Jasnnnet Kaur.

Dr. Joshi gave a lecture on Prevention of HEAT STROKE on general public and after that was a short interactive session, General public were asked to raise questions in which they were having doubts.

Estimating the public health impact of extreme heat is difficult because health care providers are not required to report heat-related illnesses. In the United States, from 2006 to 2010, there were at least 3332 deaths attributed to heat stroke. However, these numbers are believed to be largely under-reported. Mortality correlates with the degree of body temperature elevation, time to initiation of cooling, and the number of organ systems affected.

THE FOLLOWING ACTIVITIES ARE CARRIED OUT:

- Due to safety of corona virus, we M.Sc Nursing 1st year organized short quiz was conducting regarding TB Prevention by asking questionnaire.


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प्रश्न 1: हीट थकावट और हीट स्ट्रोक का मतलब एक ही है।

सही उत्तर गलत है।

प्रश्न 2: यदि तापमान 100 डिग्री F तक पहुंच जाए तो गर्मी से संबंधित बीमारी केवल एक चिंता है।

सही उत्तर गलत है।

प्रश्न 3: उच्च रक्तचाप होने से गर्मी से संबंधित बीमारी विकसित होने का खतरा बढ़ जाता है।

सही उत्तर सत्य है।

प्रश्न 4: यदि आप अधिक वजन वाले हैं, तो आपको गर्मी से संबंधित बीमारी विकसित होने का खतरा अधिक है।

सही उत्तर सत्य है।

प्रश्न 5: गर्म होने पर ठंडा रखने का एकमात्र तरीका प्रशंसक या एयर कंडीशनर का उपयोग करना है।

सही उत्तर गलत है।

प्रश्न 6: यदि आपका घर गर्मियों में गर्म है, तो राहत पाने के लिए एक अच्छी जगह सार्वजनिक पुस्तकालय है।

सही उत्तर सत्य है।

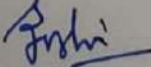
प्रश्न 7: पुराने लोगों के लिए यह बताना कठिन है कि वे मौसम के लिए कब प्रभावित होते हैं।

सही उत्तर सत्य है।

प्रश्न 8: यदि मौसम पूर्वानुमान में स्मॉग अलर्ट शामिल है, तो आपको घर के अंदर रहने की कोशिश करनी चाहिए।

सही उत्तर सत्य है।

प्रश्न 9: सिरदर्द, मतली और थकान गर्मी से संबंधित बीमारी के सामान्य लक्षण हैं


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प्रश्न 10: गर्मी की थकावट का इलाज करने का एक तरीका व्यक्ति को ठंडी जगह पर ले जाना है

सही उत्तर सत्य है।

- Lecture was conducted in the interactive way and general population were happy to by asking more questions.
- Presentation by Dr.S.G.Joshi on Prevention of Heat Stroke.
- Interactive sessions by general population they asked doubts regarding presentation.

CONCLUSION:

At the end of the program general population were able to grasp awareness about Prevention of Heat Stroke. The feedback from the general population was well organised, and it was beneficial for the community. And the support from the general population is very enthusiastic and positive.




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Pune, Maharashtra, India
02201 1115, Pulkar Street, Pulkar, Pune, Maharashtra
411015, India
+91 982277827
+91 91 200 1000



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SYMBIOSIS COLLEGE OF NURSING
ATTENDANCE
PREVENTION OF HEAT STROKE – 2021
Theme – "PREVENTION OF HEAT STROKE."

Date: March 12, 2021

Day: Friday

SR NO	NAME	ATTENDANCE
1.	ANNU VERMA	P
2.	ANSHU TIWARY	P
3.	ARYA VISWANATHAN	P
4.	BEG AKIB MUSTAK	P
5.	BHAGIRATH SINGH	P
6.	BUDHANI ISHIQA FIROJ	P
7.	CHIKANE DEEPALI NAVNATH	P
8.	GOLDBELINDA EZINNE CHINEDU	P
9.	DINESH	P
10.	GAIKWAD SHRINATH RAJENDRA	P
11.	GHORAI SUCHORITA SHRIKRISHNA	P
12.	INGLE PRATHAMESH GAJANAN	P
13.	JADHAV SNEHAL BABASAHEB	P
14.	JITENDRA YADAV	P
15.	JYOTI SINGH	P
16.	KATWATE PRATIKSHA JAYWANT	P
17.	KEDARE SAKSHI SHYAM	P
18.	KUMBHAR MAYURESH MADAN	P
19.	LIDHIYA SHAJI	P
20.	MALI BHUSHAN LAHANU	P
21.	MANE AJAY ASHOK	P
22.	NANDINI SINGH	P

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23.	NARWADE SHIVANI BHAUSAHEB	P
24.	NIRMAL BHALCHANDRA ZORE	P
25.	OGUAMANAM JUDITH AMARACHI	P
26.	OKORO DENNIS UCHECHUKWU	P
27.	PAKHARE PRASHANT MAHADEV	P
28.	PANDHARE CHANDRAKANT DATTATRAY	P
29.	PATHARE SIMRAN SATISH	P
30.	PATIL MAYURI SANTOSH	P
31.	PATIL SHIRYA NIVASRAO	P
32.	PAWAR AKANSHA AJAY	P
33.	POWAR SNEHA KIRAN	P
34.	PRANITA CHOUDHARY	P
35.	PURI KAUSTUBH SANDIP	P
36.	RAUT SIDDHANT SHRIMANT	P
37.	RUHAMA NICKSON TAYLOR	P
38.	SAPARIYA JINAL NAROTTAM	P
39.	SHAIKH AASIYA NASIR	P
40.	SHRIRAME PRASHANT LAXMAN	P
41.	SHYANET J SHAJI	P
42.	SNEHAL RAJBHAR	P
43.	SNEHAL VIJAY PAWAR	P
44.	UGALMUGALE RAHUL BABAN	P
45.	YADAV ANJALI JAIBAHADUR	P
46.	YADAV SAKSHI RAJNATH	P

Incharge :- Mangesh
(Mangesh Jabale)

Joshi
Director

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